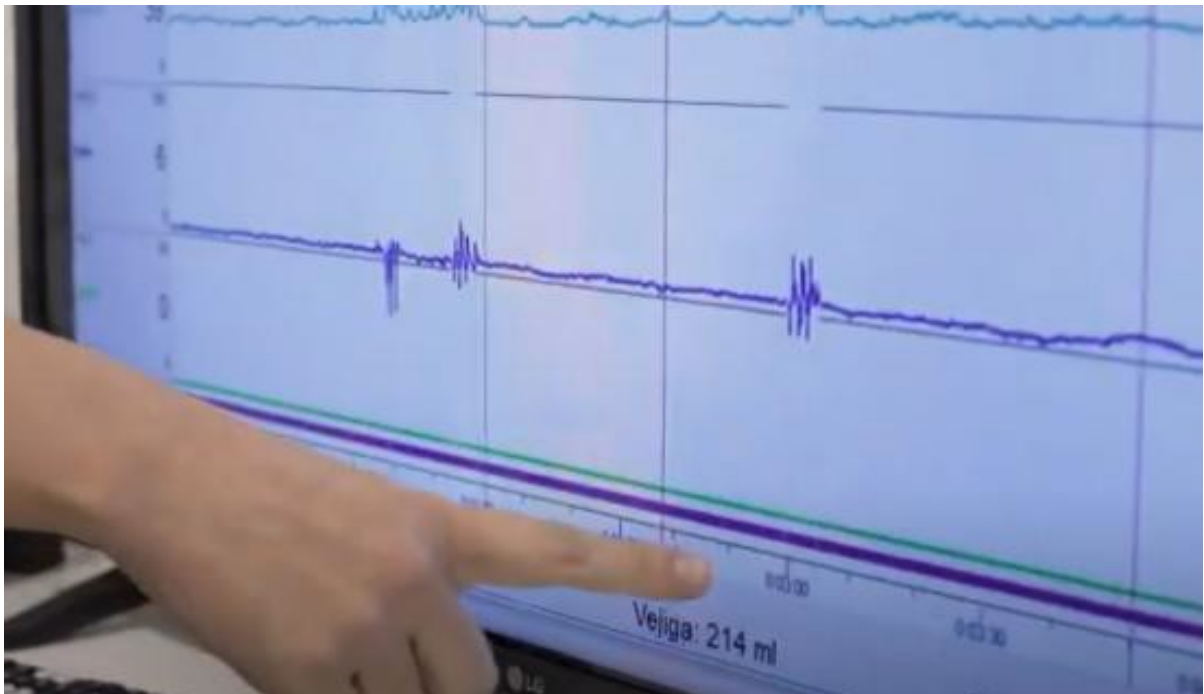


# Accreditation Course in URODYNAMICS with practical sessions

October 16th – 18th, 2025

BARCELONA, Spain

29th edition (English language)



**„We share our experience to teach you: a truly  
immersive comprehensive course “**

## URO CLINICA



CENTRO MÉDICO TEKNON

Grupo  quirónsalud

#### Course features:

The course combines theoretical and practical sessions. Multidisciplinary approach aimed for professionals directly involved in urodynamic diagnosis (Urologists, Gynaecologists, Nurses, Physiotherapist) who want to master the technique. The objective is that participants acquire complete autonomy to **perform and interpret** urodynamic studies that respond to the demand of the urology consultation. Content and approach of the course follow the ICS recommendations. 26 hours of face-to-face training in small groups (6-8 participants).

**Sessions with patients\* held at 2 venues:** URD Center (facility designed for Urodynamics practice and teaching) and Centro Médico Teknon (Barcelona's leading private Hospital). Review of the same day patients' cases.

*\*Delegates need to acknowledge the patients' right to refusal of observers at the examination room. However until now this has rarely occurred.*

#### Background

In September 2008 "Continentia" obtained the first ICS accreditation for its Urodynamics course (renewed in 2015 and 2018). First edition was held in 2008. In 28 previous editions delegates from Spain, Bulgaria, Hungary, Slovenia and Romania have been trained with a well-established methodology. Every new edition is fully booked. Many of the former courses' attendees now run Urodynamic Units and are respected professionals in functional Urology.

#### **UROCLINICA center**

***is a state of the art facility designed for Urodynamic training.***



#### Faculty

**Dr. Jose E. Batista** - Urodynamics coordinator Centro Médico Teknon and URD Centers, Barcelona, Spain. Course director.

**Dr. F. Monzón** - Urologist, Centro Médico Teknon.

**Anna González** - Physiotherapist and Urodynamics Technician, UROCLINICA Barcelona.

**Paula Herreros** - Physiotherapist and Urodynamics Technician, UROCLINICA Barcelona.

# PROGRAM

## Thursday, October 16th

8am – 2pm

Introduction

### 1st URODYNAMIC PRACTICE SESSION WITH PATIENTS

Centro Medico Teknon and Uroclinica (2 groups)

*LUNCH AT UROCLINICA*

3pm – 6pm – Theoretical Modules

#### MODULE 1 - Principles and foundations

- > Basic principles of urodynamic techniques – Dr. JE Batista
- > Meaning of voiding symptoms: questionnaires and voiding diaries



#### MODULE 2 - Basic urodynamic techniques

- > Flowmetry and Cystometry – A. Gonzales / P. Herreros
- > Pressure flow study – Dr. JE Batista
- > Artifacts – A. Gonzales / P. Herreros



## Friday, October 17th

9am – 1pm URD Center / CM Teknon

### 2nd URODYNAMIC PRACTICE SESSION WITH PATIENTS

*LUNCH AT UROCLINICA*

### 2pm – 5 pm – Theoretical Module

#### MODULE 3 - Findings in major syndromes

Overactive bladder – Dr. F. Monzon

Stress incontinence – Dr. F. Monzon

Post prostatectomy incontinence – Dr. JE Batista

Outlet obstruction in males and females.

Detrusor contractility in patients with indwelling catheter – Dr. JE Batista

Review of day's cases – A González & P. Herreros



## Saturday, October 18th

9am – 1pm

### THEORETICAL MODULE 3 AND CASE REVIEW

Neurological control of micturition, neurogenic patterns and management.

Review of clinical cases from practical sessions – Dr. JE Batista

Special techniques: Holter monitoring, Video urodynamics, Pediatrics

13.00 Course evaluation

14.00 Course ends.



**SEE YOU TUBE VIDEO:**

<https://www.youtube.com/watch?v=0YU3Iq2fhe0&t=1s>